



Ingredients: Maize, sucrose, citric acid, potassium sorbate (preservative), vitamins and artificial flavouring.

Nutritional Information
- when ready to drink -

Nutrient	Unit	per 100g serving	per 1 lt serving	% NVR'S per 1 lt*
Energy	kJ	1443	2237	
Protein	g	4,27	6,62	
Glycemic Carbohydrate	g	78,3	121,4	
Of which total sugar	g	33,1	51,3	
Total Fat of which:	g	1,41	2,19	
Saturated fatty acids	g	0,3	0,46	
Trans fatty acids	g	<0,1	<0,1	
Monosaturated fat	g	0,4	0,62	
Polyunsaturated fatty acids	g	0,6	0,93	
Cholesterol	mg	<5	<5	
Dietary Fibre (AOAC method 985.29)	g	1,73	2,68	
Total Sodium	mg	2	3,1	
Vitamins:				
A (Palmitate 250,000 IU/g)	µ	11980		100%
B1 (Thiamine)	mg	1,2		100%
B2 (Riboflavin)	mg	1,3		100%
B3 (Nicotinamide)	mg	16		100%
B5 (Panthothenic acid)	mg	5		100%
B6 (Pyridoxine)	mg	1,7		100%
B9 (Folic Acid)	µg	400		100%
B12	µg	2,4		100%
C (Ascorbic acid)	mg	100		100%
D3 (Cholecalciferol)	µg	15		100%
E (Tocopherol)	mg	15		100%
H (Biotin)	µg	30		100%

* **RDA:** Recommended Daily Dietary Allowances for persons 10 years and older.

IU: International Units



Unit 4, 49 Eland Street, Koedoespoort Industrial, Pretoria

Tel: (012) 333 1081
Fax: 086 6216157



powerforceproducts@telkomsa.net
P.O. Box 57499, Arcadia, 0007

www.powerforceproducts.co.za OR
www.amaize.co.za